

Weekly Update
April 26, 2019

Benefit News





Special Enrollment Coming – MetLaw Group Legal Services

There will be a special mid-year election available for the MetLaw Group Legal Services Plan, who offers expert legal help when you need it. The enrollment period will be in May, with coverage beginning July 1st and deductions beginning in the fall. More information will be coming over the next couple of weeks. For more information on the plan, see [MetLife Voluntary Products](#)



Avoid Emergency Room rates for primary and urgent care!

When you are enrolled in a PCS medical plan, you have several options when it comes to getting care.

 Teladoc®: \$25 Co-pay	 Family Doctor	 Urgent Care	 ER
<ul style="list-style-type: none"> • Available 24/7/365, anywhere¹ • Talk to a doctor in minutes • Visit by phone or video • Get a prescription² • Never costs more than an office visit • Cannot treat severe medical conditions 	<ul style="list-style-type: none"> • May not be available for days • Long-term relationship • Periodic checkups • Treats more severe issues • You must leave home or work and may sit in a waiting room with other sick people 	<ul style="list-style-type: none"> • Availability varies • Treats minor illness or injury issues • Higher cost of care • Potentially long wait times • You must leave home or work and may sit in a waiting room with other sick people 	<ul style="list-style-type: none"> • Available 24/7/365 • Provides life-or-limb-saving care for emergency issues • Highest cost of care • Long wait times • You must leave home or work and may sit in a waiting room with other sick people

¹ Not available outside of the U.S.

² If medically necessary

Go to www.pcsb.org/risk-benefits for a list of urgent care providers.

Retirement News



Submitting retirement paperwork?

The risk management retirement team is offering two small group workshops for the purpose of submitting **retirement forms and electing retirement insurance** on May 2nd and 16th, 2019, at Pinellas Park High School.

- A BENCOR Representative will provide information regarding terminal pay and information about the options that BENCOR has available.
- Risk management provides a one on one appointment with a retirement specialist to accept retirement forms.
- The retirement team will mail each DROP termination and service retirement participant an insurance packet to bring to the meeting.

These events are not for the purpose of gathering information regarding retirement.

Notaries will be available if needed, an appointment is required. Contact the retirement team at 588-6214 or e-mail wynnsa@pcsb.org to reserve your space.

Retirement Forms Workshop	
May 2nd and May 16th	
	Pinellas Park High School
5:00	Entering DROP
6:00	DROP Termination
7:00	Service/Early Retirement

Reminder: Retirement Appreciation Brunch!

The 2019 Retirement Appreciation Brunch will be held for employees who are retiring during the 2018-19 school year or submitting their retirement paperwork to risk management with a retirement date prior to August 5th, 2019. (This does not include employees entering DROP.)



All retirees are invited to attend the annual retirement appreciation brunch on May 11th, at 10:00 a.m. at the Holiday Inn on Clearwater Beach. Invitations were sent to the employee/retirees' home address by U.S. mail. If you believe you should be in this retirement group and did not receive an invitation, please contact the retirement team at 588-6214.

Wellness News

Registration for next step challenge is open!

The second team challenge of the year is quickly approaching! Registration is now open for the US National Parks 6 week team challenge. The challenge will begin on May 6, 2019.

All employees can participate in the team challenge, regardless of insurance coverage.

Employees with medical insurance coverage through PCS can earn 1 credit towards their Aetna Health Promise incentive by participating in the challenge – must track your steps for 3 out of the 6 weeks. For more information, please visit pcsb.org/wellness.

Register today!

1. Visit <http://join.virginpulse.com/AetnaGetActive> or download the Virgin Pulse App on your smart phone.
2. Begin to enter 'Pinellas County Schools' into the search bar and select Pinellas County Schools.
3. Complete the information to sign up. You must enter in your PCS email using the domain @pcsb.org.
4. Follow the instructions to complete your account.
5. Employees will be able to invite friends and family once your account is created.
6. Once logged in, click on the Challenge tab at the top of the page and choose US National Parks. Join or create a team and get stepping!

If you are having issues with registration or syncing a device, please call 833-525-5786.

Focus on your health over summer!

Summer is a great time to put your health first, get your preventative exams, and earn credits towards your \$200 or \$300 Aetna Health Promise incentive. Visit pcsb.org/wellness for details of the new Aetna Health Promise.

Other Important Links

Are you possibly planning surgery over the summer?

Health Care Blue Book – find a quality/green facility and be rewarded.

As an Aetna member, you can earn a cash reward for using a Fair Price™ (green) facility for common healthcare surgical procedures. [Click](#) to see the list of new rewardable procedures and details about how to earn them!

Employee Discounts

- [Pinellas County Main Discount Page](#)
- [PerkSpot](#): cell phones, travel discounts, electronics, health & wellness, tickets & entertainment, local offers and so much more. Company code: PCSB
- [Tickets At Work](#): exclusive discounts, special offers and access to preferred seating and tickets to top attractions, theme parks, shows, sporting events, movie tickets, hotels and much more. Company code: PCS
- [Amelia Arena upcoming concerts](#)